



**WILDER PENFIELD ELEMENTARY  
HOME & SCHOOL ASSOCIATION**

**cordially invites you to the  
Parent Workshop:**

***“Uncovering the Mysteries of Student Anxiety”***

**Guest Lecturer Debbie Oestreich**

**Wednesday May 3, 2017 | 6:30-8:30pm**

**Westminster, DDO, H9G 1E8**

**\*\*\*FREE ADMISSION\*\*\***

For your free tickets, please contact: [wilderpenfieldhomeandschool@yahoo.ca](mailto:wilderpenfieldhomeandschool@yahoo.ca)

**DEBBIE OESTREICH**

solid practical advice for parents

behavioral consultant

Attachment Theory & Children's Development

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**TOPICS**

- **What does anxiety feel like?**
- **A look at the reality of stress in our busy children's lives today**
- **The child's experience will be explored (psychological, emotional, physiological and social level) from a developmental attachment angle**
- **Some natural solutions to consider**

